

LIFE IS A GAME: WE SHOULD FOLLOW SOME RULES¹

Dr. Krishan Kumar

Assistant Professor of Human Rights

“ Not how long, but how

Well you have lived is the main thing”

Seneca

I present my views on life with the quote of Seneca, it is the main thing for a human being's life that how he /she is living? How he/she is thinking? How he/she is taking life? If we find answers of these questions then we can definitely win in the life.

According to me life is a game and every game has some rules which must have to be followed by player if they want to become winner, like a game our life has also some rules , which must be followed by us if we want to win in the life, such as in the game of cricket , if any player does misbehave with others players then he/she must be punished by the authority even some times his/her carrier goes to hell due to his/her a mistake .In the game of life if we don't follow some rules and even a small mistake can finish our life.

Gandhiji stated:

“Means are more important than ends

Because means are in our hands but ends not”

So if we want to rich, we should work for it and not only work, we should maintain our principles, we don't spoil our soul only for money and for fulfill our interests. We should work with honest and continuously for the betterment of life. We don't take another lightly and always focus on the goal. We should learn one thing from game that whenever a game starts, players focus on the game not focus on the activates of audience, because if they focus on the audience then they will not perform better and even they do not concentrate on their game, like that every individual should follow this rule in his/her life whenever you start something new in your life, you should forget people's thinking because people don't want to accept a new thing or thoughts easily. In the history a lot of examples we can find such as the story of Malala Yousafzai. Malala Yousafzai is a Pakistani education advocate who, at the age of 17, became the youngest person to win the Nobel Peace Prize after surviving an assassination attempt by the Taliban's militants.²

Yousafzai stated:

“the terrorists thought that they would change our aims and stop our ambitions, but nothing changed in my life except this: weakness, fear and hopelessness died. Strength, power and courage were born.”

The story of Malala is a example that we should not give up any condition of life. We should work on new ideas, which will be innovative and will make us successful like in a game; here I would like to explain the case of c Mark Zukerberg. He developed an interest in computers at an early age; when he was about 12, he used Atari BASIC to create a messaging program he named "Zucknet." His father used the program in his dental office, so that the receptionist could inform him of a new patient without yelling across the room. To keep up with Mark's burgeoning interest in computers, his parents hired private computer tutor David Newman to come to the house once a week and work with Mark. Newman later told reporters that it was hard to stay ahead of the prodigy, who began taking graduate courses at nearby Mercy College around this same time. Later on he developed this above idea with the name of facebook, which has become a means of communication for millions people throughout the world. The miracle was possible, because Mark made profession his passion, in the game also same thing is happens, when a player make his p

Success is not come within a day, it comes after your efforts, and it's a way:

The Way to Success

Take time to think

Take time to learn

¹This research paper is a modified version of my earlier published chapter in an edited book.

² The story of Malala Yousafzai [Online: web] Accessed on 26 June 2018, URL:
<https://www.biography.com/people/malala-yousafzai-21362253>

Take time to manage

Take time to read

It is the foundation of knowledge

Take time to love and be loved

It is god's greatest gift

Take time to play

It is secret of staying young

Take time to be quiet

It is the way to acquire words

Take time to laugh

It is the music of soul

Success takes time.

Like a player you should motivate yourself again and again because such as in a game opposite team will demoralize and disturb to you to defeat, same thing is repeated in the life, so you should remember some energetic sentences:

1. Everything is possible.
2. Things will be changed but its own time.
3. Whatever brings you down, will eventually make you stronger, you just have believe in yourself

Success is a state of mind. If you want success, then you should have think positive about yourself and feel as a successful person. Those who try to do something and fail ... are infinitely better than those who try to do nothing and SUCCEED....Two things help success in life; 1) the way you manage, when you have everything; 2) the way you Behave, when you have lost everything. Five Tips to be successful in life.

- 1) I am the best.
- 2) Nature is always with me.
- 3) I can do it.
- 4) I'm the winner.
- 5) Time is mine.

Success always connected with action and action is reaction of thoughts. Successful people always keep moving. They make mistakes, but they don't quit don't depend too much on anyone in this world. Even your shadow leaves you when you are in darkness.

Never forget these peoples of your life-

1. Someone who helped you in your difficult time.
2. Someone who left you in your difficult time.
3. Someone who put you in difficult time.

Time management is very important for a successful life and a successful game, we should not waste our time, and we should manage our time as per our goals. It is a skill like other skills. Dhoni has become a sport star with his management and especially time management. Developing effective time management skills as a college student is critical to your academic and social success in college. Your success or failure in college is greatly affected by your use of time. But being college student is also a very time consuming stage.

Therefore it is important to learn good time management skills and habits that will not only help you on the road to success, but will transfer into other areas of your professional and personal life.

The steps mentioned here will help you manage your time effectively, improve time management skills. It's essential for time management that you keep a schedule and stick to it.

Avoid over commitment – While it would be great if you could cream in every activity you'd like to do, into your schedule. The reality is that it is not going to happen. Give yourself a little breathing room between classes and study time to simply relax, watch TV or even eat dinner.

Use a calendar or planner- Don't try to keep your schedule in your head, eventually you'll forget something, and it might be something pretty important. Keep track of your assignments and engagements on a calendar, either online or off, so you don't forget easily.

Account for the unknown- Even the best schedules can upset by an unexpected event. Whether you have a birthday party to attend that you didn't know about or you somehow get sick or injured; make sure your schedule allows for enough flexibility to accommodate life's little surprises.

In nutshell your life is a result of the choice your decisions. If you don't get success in your life then definitely, you have been not following the rules of life, it is time to take decisions and take stand on them then definitely they would be recognized. life is a game and you should always think about playing not about victory and defeat. because if we will be playing continuously then one day we will win but if we give up then we will also lose the hope also, so I think hope is better than quit from the game.

REFERENCES

1. The story of Malala Yousafzai [Online: web] Accessed on 26 June 2018, URL: <https://www.biography.com/people/malala-yousafzai-2136225>
2. Rule of sports [Online web] Accessed on 1 August 2023, URL: <https://www.rookieroad.com/sports/the-top-10-rules/>
3. The story of Mark Zuckerberg [Online: web] Accessed on 26 June 2018, URL: <https://www.biography.com/people/mark-zuckerberg-50740>
4. Life is a game [Online: web] Accessed on 1August 2023, URL: <https://www.philosophyforlife.org/blog/life-is-a-game>
5. Mistakes and lessons [Online web] Accessed on 1 August 2023 URL: 15 Reasons Why Making Mistakes Helps You Get Stronger (powerofpositivity.com)